Dear D.O.A.A. Members,

Our annual meeting this last September was great! Honestly, in twenty years of C.E. courses, I can not remember a one-day course where I heard so many new ideas and points of view. The feedback from the alumni in attendance echoes my feelings. The Board should be congratulated for the program and the format. You, the alumni, did a great job! Highlights from the presentations are summarized on page four of this newsletter.

Last year’s graduating class of 2003 committed to the challenge issued by the previous Class of 2002 to join the D.O.A.A. - I hope their enthusiasm continues, and is contagious! There are now several graduating classes that have committed as a group to support the D.O.A.A. I wish every class could boast 100% participation.

Our association has been requested to support a number of activities that were previously funded either by the dental school or by the Orthodontic Department. Among the events that the D.O.A.A. now funds is the much anticipated UDM Alumni Reception at the A.A.O. annual meeting, as well as attendance at the annual Alumni meeting for all UDM orthodontic residents. These events are expensive, and we need the support of all UDM alums.

I would challenge each of you to check the list of D.O.A.A. members on the back cover, and personally contact any classmates who have not yet joined. Among the reasons I’ve heard for not participating in the D.O.A.A. are length of time since graduation and distance from Detroit. The fact remains that we are all blessed to have graduated from an excellent program which gave us entry into such an outstanding profession. Alumni from California to Virginia and Canada to Florida have joined the D.O.A.A. and even attended annual meetings. Your participation is a great way to give back to the program and keep it on the cutting edge of orthodontic education.

This year we are excited to have Wick Alexander be our featured speaker for our next meeting to be held in the Detroit area on September 10th, 2004. Wick, author of “The Alexander Discipline”, has his own bracket prescription through Ormco Corporation and has lectured extensively throughout the world. I hope you will join us this fall for another excellent meeting.

Let’s keep this going!

Paul Brown, D.D.S.,M.S., Class of ‘86
President, D.O.A.A.
Dear Alumni and Colleagues,

2003 was a year of important didactic accomplishment for the Orthodontic Department. Our faculty and alumni contributed significantly to a new orthodontic text, *Essentials for Orthodontic Practice*. Individuals involved included Mike Riolo, co-editor, and eleven other faculty and/or alumni of our program, making up 34% of the participating authors. This is a beautifully edited text and significant addition to the orthodontic literature. It should be part of your orthodontic library collection. In addition, the complete June issue of “Seminars in Orthodontics: Orthodontic and Gnathology” featured departmentally sponsored research articles and was guest edited by me and two part-time faculty members, Richard Kaczynski and Theodore Freeland. These noteworthy accomplishments highlight the excellence of our orthodontic education and should make you feel proud.

Who’s who in the Department? Currently, the Department is guided by dedicated and devoted faculty and staff: me, your chair, full-time faculty Daman Thanik and Burcu Bayirli and part-time members, Valmy Pangrazio-Kulbersh and Paul Brown. In addition, the Department’s educational stability and clinical excellence is attributable in no small measure to its many unsung heroes, our experienced and talented part-time faculty. Our heart felt appreciation and unending thanks is extended to our following long-time supporters:

- Larry Anderson
- Bailey Jacobson
- Christine Mills
- Ross Anderson
- Ronald Jacobson
- Sheldon Mintz
- Mauricio Arguello
- Richard Kaczynski
- Debra Priestap
- Larry Ashman
- Pete Keller
- Mike Riolo
- Jeff Berger
- Bill Krieg
- Ron Roth
- Keith Bever
- Anthony Laboe
- Gene Simon
- Tom Borgula
- Lloyd Lariscy
- John Spolyar
- Steve Ceresnic
- John Lazarus
- Michelle Thornberg
- Gary Cooper
- Bob Lokar
- Baron Whateley
- Ted Freeland
- Bob Matthews
- Jeevaka Yapa
- Andre Haerian

Their desire to contribute to the profession through the education of our residents creates a legacy of didactic and clinical excellence as well as a unique bridge to future generations of orthodontists.

Our Department also owes a great debt of gratitude to its wonderful staff. Their day-to-day support is an integral part of our success story. Perhaps you have had the pleasure of interacting with them over the phone or in person in the Orthodontic Department. They are valued members of our team. I wish to acknowledge their efforts and thank them on behalf of all our faculty and residents for their contributions to our Department’s success.

The Department celebrated the graduation of the Class of 2003 with a dinner hosted at the magnificent Dodge Mansion in Rochester. The night was beautiful and the setting historically unique. The highlight of the evening, after the welcoming remarks of Dean Bob Steiman, was the guest speaker’s words to the graduating residents. Dr. Hutchinson, dean emeritus of UDM, and Louisville Dental Schools as well as past president of the American Dental Education Association, gave the parting charge to our five graduation residents. His inspirational words predicted a fulfilling, exciting and challenging future for our dedicated, hard working and service oriented graduates. A visual collage of the evening’s event follows:
A note of congratulations to two of our past-graduating residents. In 2001, Anthony Laboe, table clinic “Assessment of Orthodontic Treatment Needs in a Detroit Inner City Population” and in 2002, Mamnoon Siddiqui, table clinic “Outcome Assessment of Two Years of Consecutively Completed Orthodontic Program Cases Using Pretreatment PAR and Post-treatment ABO Measures” were each awarded first place for the best table clinic at the annual AAO meeting. Such recognition brings honor not only to them, but the Department as well. Congratulations!!!

Lastly, dear colleagues, I hope all is going well with you. My best wishes for continued health, happiness and personal satisfaction. The residents, faculty and I look forward to seeing you at our Alumni Hospitality Suite at the 2004 AAO meeting in Orlando, Florida.

Best wishes,

Richard Kulbersh
did a beautiful job summarizing his treatment philosophy. Ron strongly prefers to start orthodontic treatment only when all permanent teeth are erupted including second molars. Exceptions are when crossbites are present or permanent teeth are blocked out. He feels that interarch elastics, when worn faithfully after the arches are well coordinated, can effectively simulate functional appliances, and that successful orthodontic treatment is impossible unless all the teeth are straightened - second molars included. Ron also corrected the false directive we use in asking our patients to “bite down”. We should be requesting them to “bite up”!

Thank you to all of our presenters - it was a rewarding educational experience!

Mary K. Barkley, UDM Ortho 1986

RESIDENT/HAPPENINGS

Class of 2004

Dr. Dori Freeland
University of Michigan
Research - Comparison of maxillary cast positions mounted on a true hinge kinematic facebow
Plans: Opening a practice in Davisburg, MI

Dr. Jeff Karvandi
Oregon Health and Science University
Research - A new way to decrease friction in ceramic brackets
Plans: Missoula, MT, associateship leading to purchase

Dr. Shon Peterson
Case Western University
Research - Agreement of the A.B.O. discrepancy index and clinical opinion
Plans: Littleton, CO, practice purchase

Dr. Eric Segal
University of Medicine/Dentistry, Newark, New Jersey
Research - Comparing cephal landmark locations - reliability on hand tracing/v computer resolution screen
Plans: New Jersey, associateship with possible purchase

Dr. Staci Westby
University of Connecticut, Farmington, CT
Research - Effect of double TPA's on vertical molar control
Plans: Joining a group practice in New York state

Class of 2005

Dr. Paul Baldyga
University of Connecticut, Farmington, CT

Dr. Mark Bieszki
University of Michigan, Ann Arbor, MI

Dr. Francis Janisse
University of Detroit Mercy, Detroit, MI

Dr. Aly Kanani
University of Pennsylvania, Philadelphia, PA

Dr. Vladimir Tabakman
University of Texas, San Antonio, TX

Class of 2006

Dr. Eliane John
U.C. San Francisco, San Francisco, CA

Dr. Jennifer Kuester
University of Michigan, Ann Arbor, MI

Dr. Brian Michalkow
University of Detroit Mercy, Detroit, MI

Dr. Arun Rajasekaren
Columbia University, New York, NY

Dr. Raymond Tsou
Tufts University, Boston, MA
THANK YOU TO OUR D.O.A.A. SUPPORTERS

Those of us on the board of directors want to whole heartedly thank all who have joined the organization and especially those who have given over and above the membership dues to help launch our association and put us on a firm financial foundation. A plaque has been designed and is on permanent display in the orthodontic department to honor those who have given so generously. Below is the current listing of our donors. Note, there is still time to join these ranks or to “upgrade” to a higher level of support. Please feel free to contact us with your questions or comments: Paul Brown (w) 313-494-6606 (e) brownpn@UDMercy.edu or Bill Krieg (w) 586-772-6090 (e) Lakepointeortho@sbcglobal.net

Thank you again for making our alumni association a reality!

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Dr. Mary Barkley
Dr. Chris Brieden
Dr. Paul Brown
Dr. David Giltnner
Dr. Edmund Guyer
Dr. Nick Hersh
Dr. Ron Iacobelli
Dr. Peter Keller
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Dr. Richard Kulbersh
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Dr. Christopher Riolo
Dr. Martin Sherling
Dr. Purasana-Kumar Shivapuja
Dr. Mamnoon Siddiqui
Dr. Eugene Simon
Dr. John Spolyar
Dr. Ashley Williams

PURPOSES OF THE D.O.A.A.

1. To share knowledge and experiences that will enhance ones ability to deliver excellent orthodontic care.
2. To promote camaraderie among University of Detroit/Mercy orthodontic residents, alumni and friends.
3. To provide quality learning opportunities by sponsoring courses for the alumni and other health professionals.
4. To enhance networking between students and alumni to provide for practice opportunities and transitions.
5. To provide mentoring opportunities to the graduate residents in the University of Detroit/Mercy residency program.
6. To support the University of Detroit/Mercy Graduate Orthodontic Department in maintaining their record of excellence in orthodontic education.
The D.O.A.A. annual meeting was held on September 12, 2003 at the Ward Conference Center on the UDM Outer Drive campus. The program included a number of presentations by U of D Mercy orthodontic alumni, as well as an address by the dean of the dental school. I’d like to give a brief summary of the presentations for our members who were unable to attend.

Dr. Greg Scott, UDM Ortho 1987, “The Ups & Downs of Practicing Within an MSO”. Greg told us a cautionary tale of participation in MSOs. He purchased a healthy orthodontic practice in Lakeland, Florida after he graduated in 1987. After a few years, he decided to move to take advantage of better educational opportunities for his children, but had great difficulty finding a buyer for his attractive practice. He joined an MSO which offered him both autonomy in running his practice as well as support when he was ready to return. Unfortunately, that MSO merged with another, and Greg along with numerous colleagues were not pleased with the new arrangement.. Greg and five other orthodontists are currently in litigation with the MSO.

Dr. Richard Kulbersh, UDM Ortho 1975, and Chairman of the UDM Department of Orthodontics, “Current Status of UDM’s Orthodontic Program and Upcoming Challenges to the Profession”. Richard spoke to us about the graduate orthodontic program. He stressed that each class receives an AAO presentation on Practice Alternatives, which discusses the pros and cons of the various ownership and associateship alternatives. He also spoke about several orthodontic programs that are starting up which have strong ties to O.C.A. and the possible long-term implications. Dean Steiman, dean of the UDM Dental School, stopped in to deliver exciting news - the Dental School will be moving. UDM is consolidating its campus’s, and plans are being formed to build a new dental school in about 2009 at the McNichols campus.

Dr. Paul Brown, UDM Ortho 1986, “Maximizing Your Disability Protection”. Paul told us of his degenerative back disease, and the struggle to activate his disability insurance policies when he could no longer practice. Among the pearls that Paul shared with us:

• Buy your disability insurance now, as much as you can buy
• Make sure that your policy is non-cancellable, and that it covers you if you cannot practice orthodontics (some policies won’t pay if you can work at another job)
  • Look at services that rate disability plans (Weiss is the only company that is not paid for by the insurance companies)
• Get a good agent - an accurate job description of what you do is essential to your policy
• Before you file a disability claim, call an attorney who is a disability insurance specialist. Do not call your insurance company first!

Paul says that the A.A.O.I.C. office overhead insurance is excellent, and calls the A.A.O.I.C. a good “basic” policy. It covers the policy holder only until age 65. It’s a plus that the plan is overseen by orthodontists. For life insurance, Paul recommends a Northwest Mutual $2 million term policy with a disability premium waiver and whole life conversion. The following web sites may offer useful information: www.afries.com and www.memag.com.

Dr. Bill Krieg, UDM Ortho 1983, “Orthodontic Pearls to Enhance Your Practice”. Bill shared with us some pearls to enhance your orthodontic practice. Among his pearls were Tongue Trainers, a bonded attachment placed on the lingual of the lower incisors that helps retrain tongue thrusters (available from American Orthodontics). He also discussed unilateral expansion with a palatal expander by slightly rotating the expansion screw relative to the mid-palatal raphe. The Shepherd appliance is a Schwartz plate that allows unilateral space regaining.

Dr. Gene Simon, UDM Ortho 1981, “Clinical Management of the MARA Appliance”. Gene shared his experience with the MARA (mandibular anterior repositioning appliance). Those of us who have used this appliance appreciate his development of the Simon lower buccal pad, which helps guide the upper arm into correct interdigitation, and minimizes cheek trauma. Gene recommends that the elastic tieback on the upper arm be replaced with a double metal tie. He also recommends the Ormco Chastant crown remover, and the T4B appliance for retention after the MARA is removed.